



FDC Instructors Institute
Empowerment Skills for Workers
Family Development Credential® Program (FDC™)
www.familydevelopmentcredential.org

The FDC Instructors Institute is a 4 day in person train-the-trainer program (5 day virtual) for those interested in teaching the *Empowerment Skills for Workers* course, a component of the comprehensive curriculum of the Family Development Credential® (FDC) Program. *Empowerment Skills for Workers* is a community-based, interactive professional development training for family service workers interested in using the principles and practices of the Family Development strength-based approach.

What are the qualifications to become an FDC Instructor?

Those interested in becoming FDC Instructors must apply to attend the four day Instructors Institute. Interested applicants must meet the following criteria to apply:

- A minimum of a Bachelor's degree in education, psychology, social work or a related field is required to become a certified instructor for *Empowerment Skills for Workers*. Individuals with less than a Bachelor's degree may serve as co-facilitators working with an FDC certified lead instructor who has a minimum of a Bachelor's degree.
- Experience coordinating and facilitating other trainings is highly desirable.
- Be a representative of a state agency or community not-for-profit organization that wants to promote *Empowerment Skills for Workers* and FDC within their department or system and collaborate with other agencies to implement an interagency training.

The Application Process and Selection of FDC Facilitator Institute Participants

All prospective applicants must complete the Instructors Institute Application form along with submitting written responses outlining their training experience, and plans to offer the course in their communities (see questions below). Please note the application also requires the signature of the applicant's immediate supervisor. *Applications can be faxed to the FDC Program Manager at (860) 486-0300 or e-mailed to nationalfdc@uconn.edu* Applicants will be notified via email with 48 hours regarding acceptance into the Institute. Once accepted, an invoice is issued for the full registration fee will be provided.

Applicants are selected for the FDC Instructors Institute based on these criteria:

- The applicant meets the necessary qualifications to attend the Instructors Institute.
- Submits a complete application (application form, responses, and supervisor's supporting signature) by the deadline date.
- Evidence of collaboration and plans to offer *Empowerment Skills for Workers* in their community.
- Plan to offer *Empowerment Skills for Workers* as a strength-based professional development course.



FDC Instructors Institute Questions

Along with the FDC Instructors Application Form, please submit written responses to the following questions in a document no longer than three pages, double-spaced format. If more than one person is applying from an organization or coalition, please attach the same answers to question 3, but all applicants must complete their own responses to 1 and 2.

1. Summary of role facilitating or supporting FDC?
2. Experience facilitating other interactive trainings, college instruction or professional workshops?
3. How do you envision offering the “Empowerment Skills for Workers” series in a manner that complements existing FDC courses in your community?

Information about the FDC Instructors Institute:

Prospective FDC Instructors will have the opportunity to practice and enhance their skills by facilitating activities from the *Empowerment Skills for Workers* curriculum, network and share information with fellow instructors. They will also develop a plan to introduce the course in their communities.

Institute Costs:

The registration fee for the Institutes range from \$875-995. Participants must purchase the *Empowerment Skills for Workers* publications (3rd ed.): *Workers Handbook* (\$65), *Facilitator’s Manual* (\$65), *Portfolio Advisor’s Manual* (\$40). Information about lodging and other travel accommodations is provided upon acceptance.

Important notes:

- This training is not to earn the FDC.
- Previous FDC experience is not required.
- Once trained, you may earn the FDC while you teach your class.

For more information or questions regarding the FDC Instructors Institute, please contact the FDC Program Manager at the University of Connecticut: (860) 486-0606 or nationalfdc@uconn.edu.